

NESD SHRM Presents





Tuesday, February 13th
11:30 am – 1:00 pm
2nd Street Station

Worker's Compensation rates continue to rise, and so do the number of potential injuries that can occur in the workplace. Fortunately, there are several proactive measures employers can take to reduce the likelihood of injuries, and keep some health care costs under control. Don't miss this informative program on workplace prevention strategies for:

- Ergonomics
- Repetitive Movement Injuries
- Reducing Worker's Compensation Claims
- Reducing other costs

Speaker: Dr. Landra Lapka, HealthSource Chiropractic of Watertown. Originally from Estherville, IA, Dr. Lapka graduated with her Bachelor's Degree in Psychology, University of South Dakota, Vermillion. Then, she achieved her Doctorate in Chiropractic, Northwest Health Sciences University, Bloomington, MN. She has been with HealthSource ever since!

RSVP at the chapter website: http://nesd.shrm.org (under the "Events & Education Tab") by Friday, February 9th.

FREE to NESD SHRM Plus Members \$10 for NESD SHRM Basic Members \$20 for Non-NESD SHRM Members



