Brought to you by: Northeast South Dakota SHRM Chapter

You probably know about IQ but how much do you know about EQ? Emotional intelligence (EQ) plays a crucial role in decision-making, stress management, and building connections. Learn how you can make better decisions, communicate with greater clarity, increase your capacity to cope with stress and build stronger, more connected relationships in the workspace.



About our Speaker

Natalie Remund is the Chief People Officer for Multi Business Solutions and serves as an HR Consultant for several small to medium size businesses in North Dakota, South Dakota, and Minnesota. She is a Certified EQ-i 2.0 administrator and SHRM-CP certified consultant. Natalie has over fifteen years of diverse management and training experience, along with a passion for improving processes and people. Natalie resides on a family farm in South Dakota with her husband and two children.

Second Street Station

15 2nd St SW, Watertown, SD 57201



NESD SHRM Member FREE Non-NESD SHRM Member \$40

RSVP on the chapter website: https://nesd.shrm.org/ (under the "Events & Education" tab)

By Friday, January 9, 2025